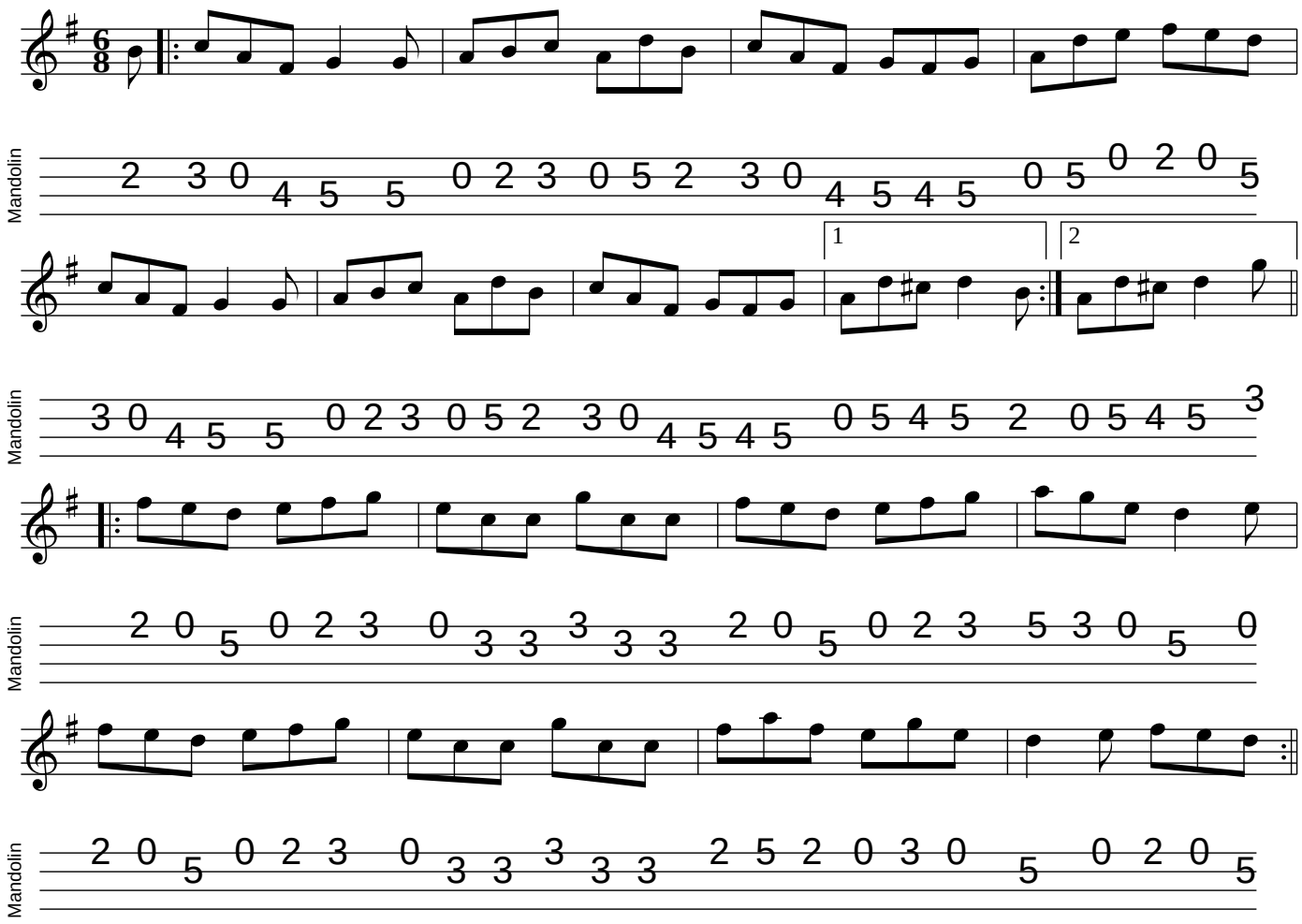The Boys of Ballinamore