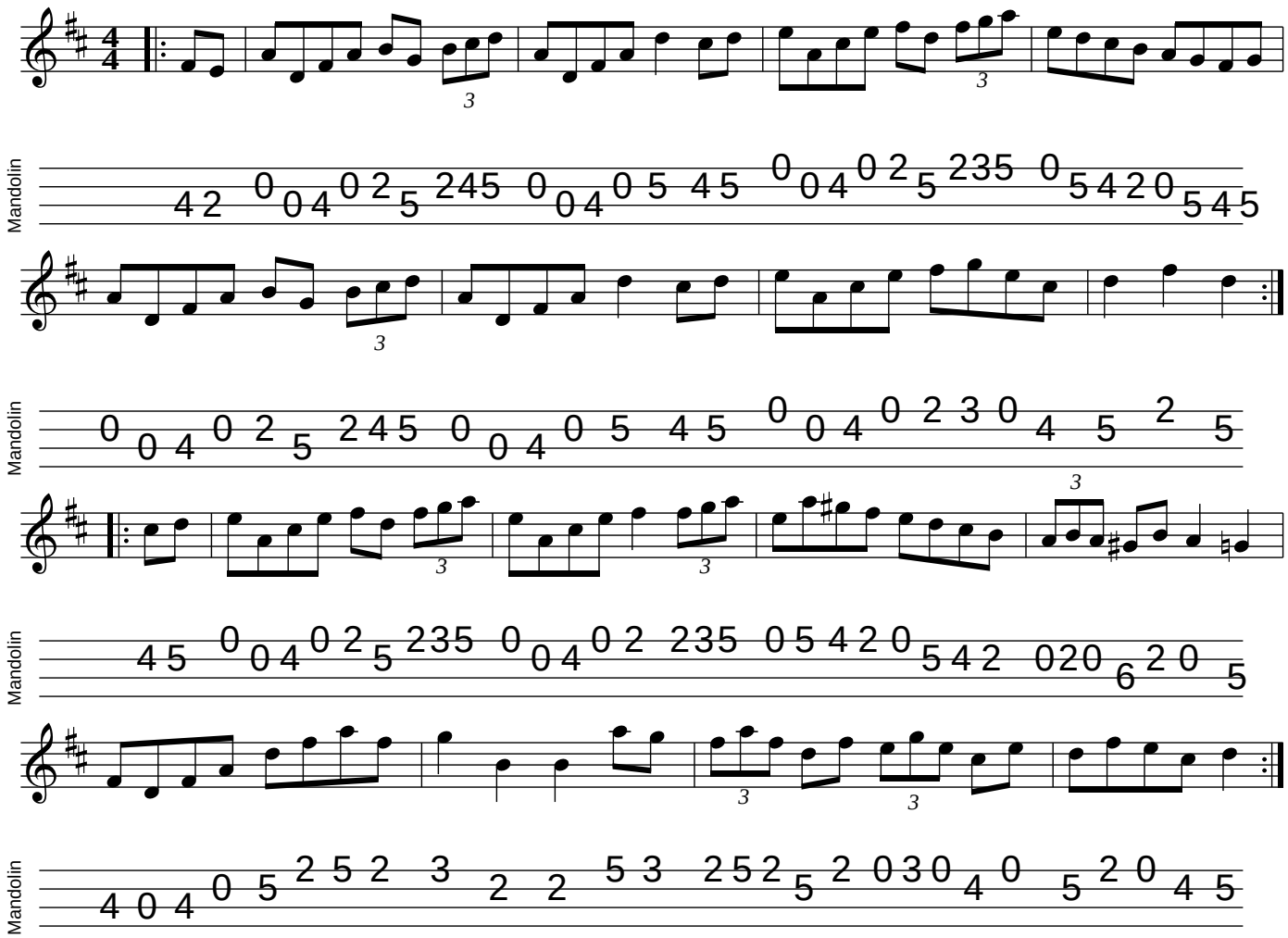Down The Glen