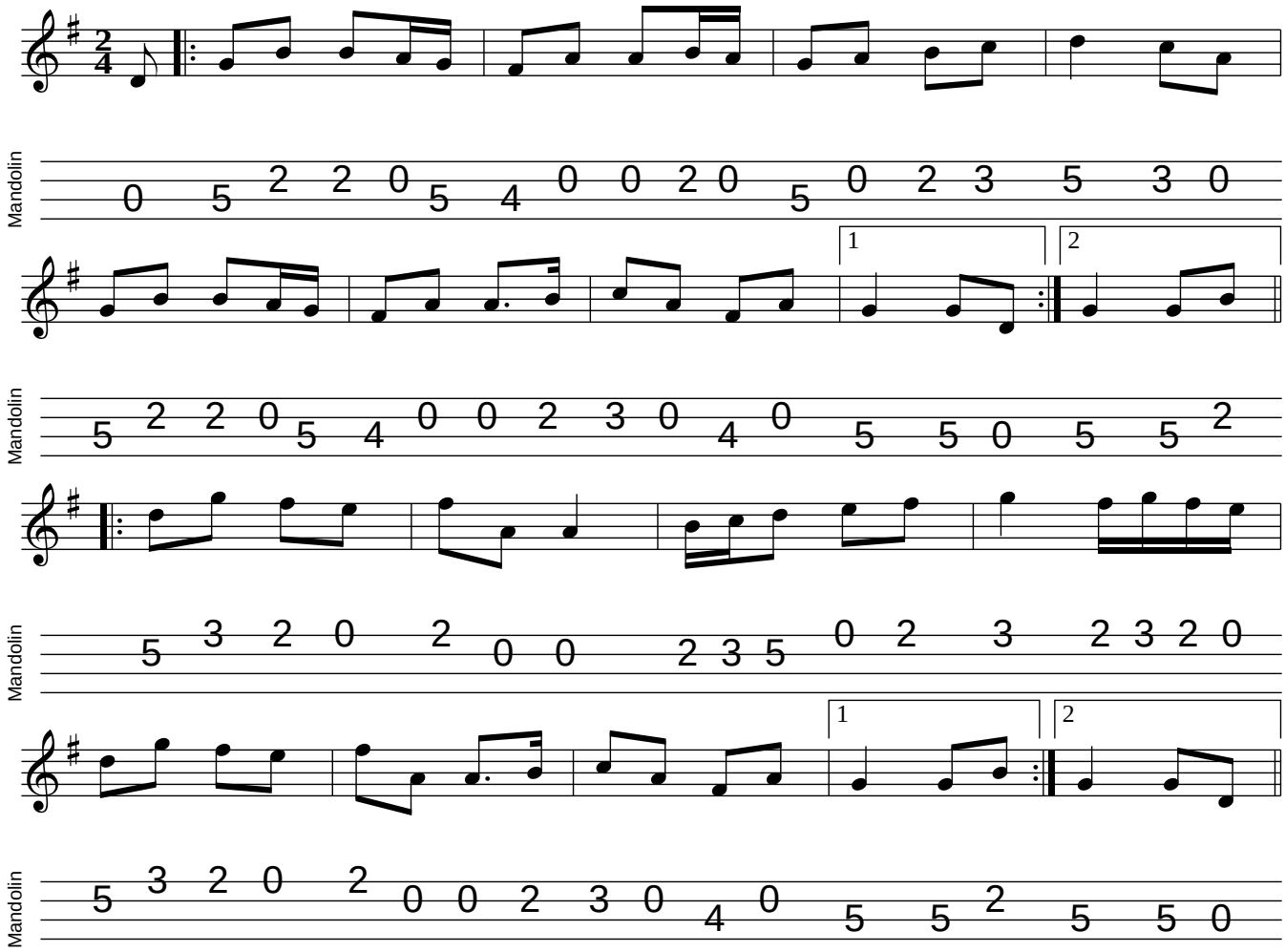As I Looked East and I Looked West