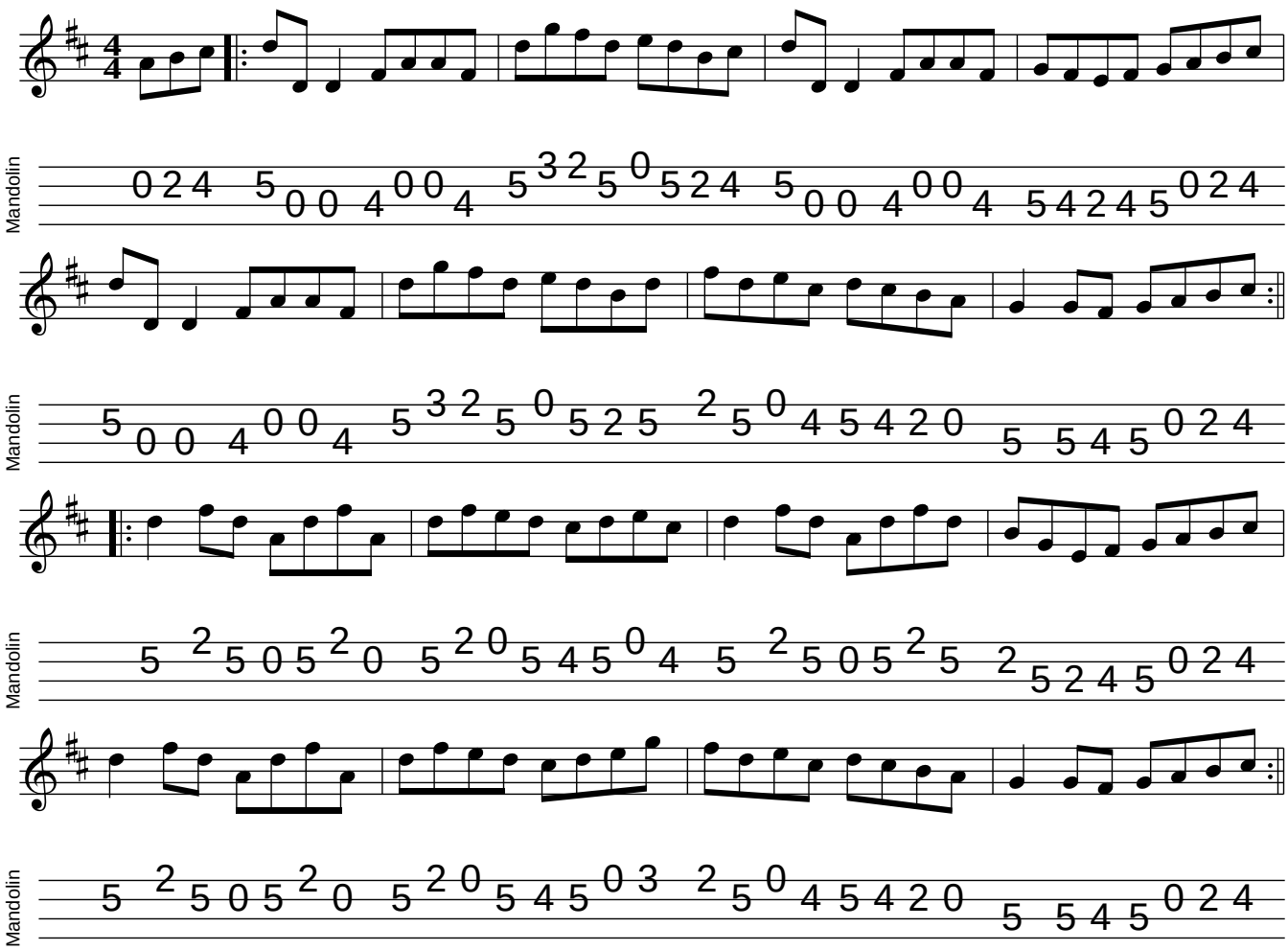Hand Me Down The Tackle