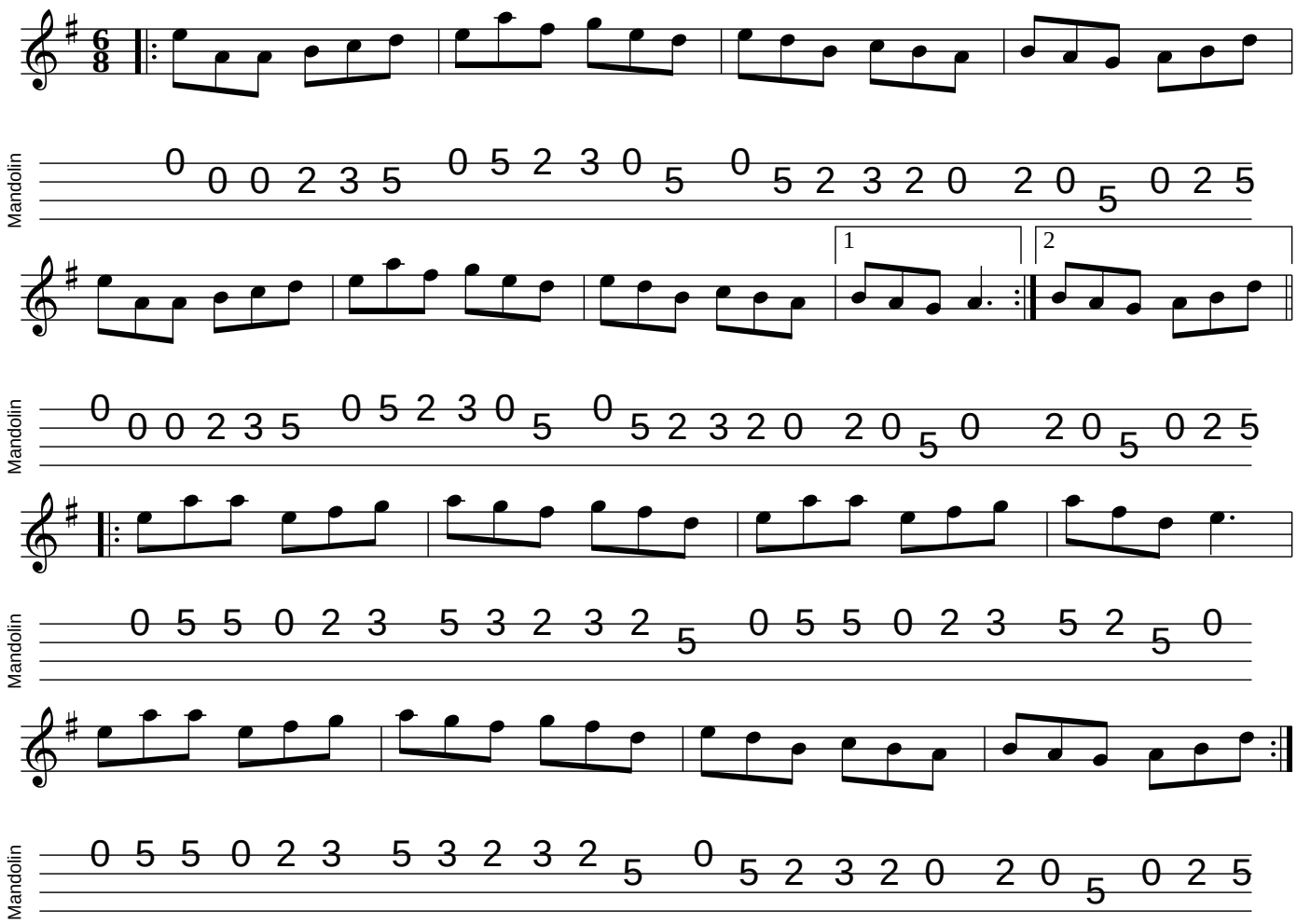Sliabh Russell